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Rutgers University

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Education

Ph.D., Communication Arts - University of Wisconsin – Madison, 2005

M.A., Communication Arts - University of Wisconsin – Madison, 2003

B.A., Communication, Media, and Theater – St. Norbert College, De Pere, Wisconsin, 2000

Academic Positions

Professor – Department of Communication, Rutgers University (2018 - present)

Ph.D. Program Director – School of Communication and Information, Rutgers University (2017 - 2023)

Chancellor's Scholar – Rutgers University (2015 - 2018)

Associate Professor – Department of Communication, Rutgers University (2012 - 2018)

Assistant Professor – Department of Communication, Rutgers University (2006 - 2012)

Lecturer – Department of Communication Arts & Sciences, Penn State University (2004 - 2006)

Lecturer – Department of Communication Arts, University of Wisconsin – Madison (2002 - 2004)

RESEARCH

External Grants

Statistical Consultant on USDA Agriculture and Food Research Initiative Grant

All 4 Kids Obesity Resiliency Research

PI: Madeleine Sigman-Grant

USDA-AFRI Grant Number 2010-85215-20662 – Amount: \$1,100,000 (2014-2015)

Consultant on NIH National Institute on Drug Abuse Grant

Active Involvement in Creating High School Substance Use Prevention Messages

PI: Kathryn Greene

NIH-NIDA Grant Number R21DA027146 – Amount: \$456,263 (2010-2012)

Internal University Grants

Research Council Grant - \$1000

Communication Dynamics in Families Coping with Alcoholism

Office of Research and Sponsored Programs – Rutgers University (2013-2014)

Research Council Grant - \$1948

Communicative and Physiological Manifestations of Stress in Empty Nest Couples

Office of Research and Sponsored Programs – Rutgers University (2010-2011)

Research Council Grant - \$1200

Relational Turbulence in Military Couples during Post-Deployment Transitions

Office of Research and Sponsored Programs – Rutgers University (2009-2010)

Grants to Get Grants - \$2063

Communication between Married Partners in the United States Military during the Post-deployment Stage

School of Communication & Information – Rutgers University (2008-2009)

Research Council Grant - \$2200

Communication about Sexual Intimacy between Romantic Partners

Office of Research and Sponsored Programs – Rutgers University (2007-2008)

Grants to Get Grants - \$1472

Communication about Sexual Intimacy between Romantic Partners

School of Communication & Information – Rutgers University (2006-2007)

Honors and Awards

Research Fellow, International Association for Relationship Research (named in 2024)

This award recognizes career contributions to the study of social and personal relationships

Bernard J. Brommel Award for Outstanding Research or Distinguished Service in Family Communication,

National Communication Association (2023) – This is an association level award that recognizes outstanding career contributions to the field of family communication

Distinguished Article Award, Family Communication Division, National Communication Association (2022)

This award recognizes an article that has made a significant contribution to scholarship in family communication and/or theory. Conferred for Haverfield, M. C., & Theiss, J. A. (2016). Parent's alcoholism severity and family topic avoidance about alcohol as predictors of perceived stigma among adult children of alcoholics: Implications for emotional and psychological resilience. *Health Communication*, 31, 606-616. <https://doi.org/10.1080/10410236.2014.981665>

Distinguished Article Award, Health Communication Division, National Communication Association (2022)

This award recognizes an article that has made a significant contribution to scholarship in health communication and/or theory. Conferred for Haverfield, M. C., & Theiss, J. A. (2016). Parent's alcoholism severity and family topic avoidance about alcohol as predictors of perceived stigma among adult children of alcoholics: Implications for emotional and psychological resilience. *Health Communication*, 31, 606-616. <https://doi.org/10.1080/10410236.2014.981665>

Outstanding Article Award, Communication & Military Division, National Communication Association (2021)

This award recognizes an article that has made a significant contribution to scholarship on communication in the military. Conferred for Theiss, J. A., & Knobloch, L. K. (2013). A relational

turbulence model of military service members' relational communication during reintegration. *Journal of Communication*, 63, 1109-1129. <https://doi.org/10.1111/jcom.12059>

Gerald R. Miller Book Award, Interpersonal Communication Division, National Communication Association (2018) – This award recognizes an outstanding book that advances interpersonal communication research. Conferred for Theiss, J. A. (2018). *The experience and expression of uncertainty in close relationships*. Cambridge, UK: Cambridge University Press.

Article of the Year Award, Eastern Communication Association (2017) – This award honors the best article published in ECA journals in 2016, selected from 94 articles. Conferred for King, M. E., & Theiss, J. A. (2016). The communicative and physiological manifestations of relational turbulence during the empty-nest phase of marital relationships. *Communication Quarterly*, 64(5), 495–517.

Chancellor's Scholar Award, Rutgers University, (named in 2015, 2016, 2017) – This named award from the university recognizes excellence in research for mid-career scholars.

Research Excellence Award, Department of Communication, School of Communication and Information, Rutgers University (2016) – This departmental award is given to a faculty member for research excellence.

Excellence in Research on Military and Veteran Families Award Finalist, Military Family Research Institute – Purdue University (2015) – This award that recognizes an article for outstanding research that brings visibility to issues of military and veteran families. One of three finalists selected out of 150 articles for Theiss, J. A., & Knobloch, L. K. (2014). Relational turbulence during the post-deployment transition: Self, partner, and relationship focused turbulence. *Communication Research*, 41, 27-51.

Early Career Award, Interpersonal Communication Division, National Communication Association (2013) – This award recognizes an early career scholar who has a demonstrated record of research excellence that makes a significant contribution to the field of interpersonal communication.

Distinguished Article Award, International Association for Relationship Research, (2012)- This award is given to the best article published in IARR journals 2010-2011 - selected from 217 articles. Conferred for Knobloch, L. K., & Theiss, J. A. (2010). An actor-partner interdependence model of relational turbulence: Cognitions and emotions. *Journal of Social and Personal Relationships*, 27, 595-619.

John Garrison Award for Interpersonal Communication Research in Applied Contexts, Interpersonal Communication Division, International Communication Association (2011) – This award recognizes outstanding research on interpersonal communication in applied contexts. Conferred for Knobloch, L. K., & Theiss, J. A. (2011, May). *Relational turbulence during the post-deployment transition: Relational maintenance, partner responsiveness, and appraisals of turmoil*. A paper presented at the meeting of the International Communication Association, Boston, MA.

Top Dissertation Award, Interpersonal Communication Division of the International Communication Association (2006) – This award is given to the most outstanding dissertation in interpersonal communication in a given year.

Awards for Top Conference Paper/Panels

Top Four Paper Award, Family Communication Division, National Communication Association (2024)

Top Paper Award, Interpersonal Communication Division, National Communication Association (2021)

Top Paper Award, Interpersonal Communication Division, Eastern Communication Association (2021)

Top Four Paper Award, Interpersonal Communication Division, National Communication Association (2019)

Top Four Paper Award, Interpersonal Communication Division, National Communication Association (2016)

Top Paper Award, Interpersonal Communication Division, National Communication Association (2015)

Top Paper Award, Interpersonal and Small Group Communication Division, Central States Communication Association (2015)

Top Four Paper Award, Interpersonal Communication Association, International Communication Association (2015)

Top Four Paper Award, Family Communication Division, National Communication Association (2013)

Top Paper Award, Interpersonal Communication Division, National Communication Association (2012)

Top Paper Award, Interpersonal Communication Division, International Communication Association (2011)

Top Four Paper Award, Interpersonal Communication Division, National Communication Association (2009)

Top Four Paper Award, Interpersonal Communication Division, International Communication Association (2009)

Top Four Paper Award, Interpersonal Communication Division, International Communication Association (2008)

Top Four Paper Award, Interpersonal Communication Division, National Communication Association (2008)

Top Paper Award, Interpersonal Communication Division, International Communication Association (2006)

Publications

Books

Solomon, D., & **Theiss, J. A.** (in press). *Interpersonal communication: Putting theory into practice (3rd edition)*. Routledge.

Doerfel, M. L., **Theiss, J. A.**, Venetis, M. K., & Scharp, K. M. (in press). *The Routledge handbook of communication and resilience*. Routledge.

Solomon, D., & **Theiss, J.** (2022). *Interpersonal communication: Putting theory into practice (2nd edition)*. Routledge.

Theiss, J. A., & Greene, K. L. (2019). *Contemporary studies on relationships, health, and wellness*. Cambridge University Press.

Theiss, J. A. (2018). *The experience and expression of uncertainty in close relationships*. Cambridge University Press.

***2018 Gerald R. Miller Book Award from the Interpersonal Communication Division of the National Communication Association**

Solomon, D., & **Theiss, J.** (2013). *Interpersonal communication: Putting theory into practice*. Routledge.

Peer-Reviewed Journal Articles (*denotes co-author was a student at time of publication)

Haverfield, M. C., Li, Y. Pines, R., Kyte, T., Titova, D., & **Theiss, J. A.** (2025). Applying dynamic dyadic systems to explore features of relationship-centered care among Spanish and non-Spanish speaking patients. *Patient Education and Counseling*, 134, 1-8. <https://doi.org/10.1016/j.pec.2025.108650> [Special Issue on Health Disparities]

Estlein, R., **Theiss, J. A.**, Jones, H. E.*, Weber, K. M., & Yoon, D. B. (2024). Facilitation and interference from partners during the transition to parenthood: A co-occurrence analysis of themes emerging over time within and between romantic partners. *Journal of Family Communication*, 24(3-4), 119-136. <https://doi.org/10.1080/15267431.2024.2337379>

Jones, H. E.*, **Theiss, J. A.**, Austin, J. T.*, & Yoon, D. B. (2024). Examining actor-partner effects in the associations between dyadic resilience and conditions of relational turbulence during the COVID-19 pandemic. *Adversity and Resilience Science*, 5(1), 91-103. <https://doi.org/10.1007/s42844-023-00107-y>

Theiss, J. A., Haverfield, M. C., Jones, H. E.*, & Austin, J. T.* (2023). An analysis of conversational motifs in parent-adolescent emotion coaching interactions. *Communication Methods and Measures*, 17(4), 347-367. <https://doi.org/10.1080/19312458.2023.2219889> [Special Issue on Dynamic Dyadic Systems]

Jones, H. E.*, **Theiss, J. A.**, & Yoon, D. B. (2023). Stress, relational turbulence, and communal coping during the COVID-19 pandemic. *Human Communication Research*, 49(3), 260-271. <https://doi.org/10.1093/hcr/hqac033>

Carpenter, A. C., & **Theiss, J. A.** (2023). Modeling the factors associated with topic avoidance about mental health: Depressive symptoms, information and relationship assessments, and efficacy. *Southern Journal of Communication*, 88(1), 16-29. <https://doi.org/10.1080/1041794X.2022.2118365>

Haverfield, M. C., & **Theiss, J. A.** (2023). Comparing enacted and perceived parental communication as predictors of adolescents' emotion regulation in families with harmful vs. non-harmful parental alcohol use. *Alcoholism Treatment Quarterly*, 41(1), 114-135. <https://doi.org/10.1080/07347324.2022.2112001>

Estlein, R., & **Theiss, J. A.** (2022). Responsiveness and control in marital and parental communication: Exploring interdependent relationships across family subsystems. *Journal of Family Studies*, 28(3), 9-985. <https://doi.org/10.1080/13229400.2020.1773294>

Yoon, D. B.*, & **Theiss, J. A.** (2022). Adopted individuals' information management strategies for managing uncertainty about genetic family health history. *Journal of Family Communication*, 22(3), 230-247. <https://doi.org/10.1080/15267431.2022.2093356> [Special Issue on Communication and Adoption]

Yoon, D. B.*, & **Theiss, J. A.** (2022). The role of identity uncertainty in predicting perceived support quality and relational turbulence for women coping with infertility. *Journal of Social and Personal Relationships*, 39(3), 670-691. <https://doi.org/10.1177/02654075211044493>

Jones, H. E.*, & **Theiss, J. A.** (2021). Relational turbulence during the COVID-19 pandemic: A longitudinal analysis of the reciprocal effects between relationship characteristics and outcomes of relational

turbulence. *Journal of Social and Personal Relationships*, 38, 3033-3058.
<https://doi.org/10.1177/02654075211044491> [Special Issue on Relationships in the Time of COVID-19]

- Jones, H. E.*, Yoon, D. B.*, **Theiss, J. A.**, Austin, J.*, & Lee, L.* (2021). Assessing the effects of COVID-19 on romantic relationships and the communal coping strategies partners use to manage the stress of a pandemic. *Journal of Family Communication*, 21, 152-166.
<https://doi.org/10.1080/15267431.2021.1927040> [Special Issue on Family Communication in the COVID-19 Pandemic]
- Leustek, J.*, & **Theiss, J. A.** (2020). Family communication patterns that predict perceptions of upheaval and psychological well-being for adult children following their parents' late-life divorce. *Journal of Family Studies*, 26, 169-187. <https://doi.org/10.1080/13229400.2017.1352531>
- Haverfield, M. C., & **Theiss, J. A.** (2020). Emotion regulation and resilience in parent-adolescent interactions with alcoholic versus non-alcoholic parents. *Journal of Applied Communication Research*, 48, 26-48.
<https://doi.org/10.1080/00909882.2019.1704827> [Special Issue on Communication and Resilience]
- Leustek, J.*, & **Theiss, J. A.** (2018). Features of illness versus features of romantic relationships as predictors of cognitive and behavioral coping among individuals with Type 2 Diabetes. *Health Communication*, 33, 1549-1559. <https://doi.org/10.1080/10410236.2017.1384346>
- Knobloch, L. K., & **Theiss, J. A.** (2018). Relational turbulence theory applied to the transition from deployment to reintegration. *Journal of Family Theory and Review*, 10, 539-549. <https://doi.org/10.1111/jftr.12281>
- Theiss, J. A.** (2018). Family communication and resilience. In P.M. Buzzanell & J. B. Houston, Communication and resilience: Multi-level applications and insights – A *Journal of Applied Communication Research* forum. *Journal of Applied Communication Research*, 46, 10-13.
<https://doi.org/10.1080/00909882.2018.1426706>
- Knobloch, L. K., Basinger, E. D.*, & **Theiss, J. A.** (2018). Relational turbulence and perceptions of partner support during reintegration after military deployment. *Journal of Applied Communication Research*, 46, 52-73. <https://doi.org/10.1080/00909882.2017.1409906>
- Haverfield, M. C.*, & **Theiss, J. A.** (2017). Parental communication of responsiveness and control as predictors of adolescents' emotional and behavioral resilience in families with alcoholic versus non-alcoholic parents. *Human Communication Research*, 43, 214-236. <https://doi.org/10.1111/hcre.12102>
- Knobloch, L. K., & **Theiss, J. A.** (2017). Topic avoidance about deployment upon reunion: Applying the relational turbulence model. *Military Behavioral Health*, 5, 117-128.
<https://doi.org/10.1080/21635781.2016.1272013>
- King, M. E., & **Theiss, J. A.** (2016). The communicative and physiological manifestations of relational turbulence during the empty-nest phase of marital relationships. *Communication Quarterly*, 64(5), 495–517. <https://doi.org/10.1080/01463373.2015.1129353>
***2017 Article of the Year Award from the Eastern Communication Association.**
- Solomon, D. H., Knobloch, L. K., **Theiss, J. A.**, & McLaren, R.M. (2016). Relational turbulence theory: Explaining variation in subjective experiences and communication within romantic relationships. *Human Communication Research*, 42, 507-532. <https://doi.org/10.1111/hcre.12091>
- Theiss, J. A.**, Carpenter, A. M.*, & Leustek, J.* (2016). Partner facilitation and partner interference in individuals' weight loss goals. *Qualitative Health Research*, 26, 1318-1330.
<https://doi.org/10.1177/1049732315583980>

- Haverfield, M. C. *, & **Theiss, J. A.** (2016). Parent's alcoholism severity and family topic avoidance about alcohol as predictors of perceived stigma among adult children of alcoholics: Implications for emotional and psychological resilience. *Health Communication, 31*, 606-616.
<https://doi.org/10.1080/10410236.2014.981665>
***2022 Distinguished Article Award from the Family Communication Division of the National Communication Association**
***2022 Distinguished Article Award from the Health Communication Division of the National Communication Association**
- Haverfield, M. C. *, **Theiss, J. A.**, & Leustek, J.* (2016). Characteristics of communication in families of alcoholics. *Journal of Family Communication, 16*, 111-127.
<https://doi.org/10.1080/15267431.2016.1146284>
- Estlein, R. *, & **Theiss, J. A.** (2014). Inter-parental similarity in responsiveness and control and its association with perceptions of the marital relationship. *Journal of Family Studies, 20*, 239-256.
<https://doi.org/10.1080/13229400.2014.11082009>
- Haverfield, M. C. *, & **Theiss, J. A.** (2014). A theme analysis of issues reported by adult children of alcoholics in online support forums. *Journal of Family Studies, 20*, 166-184.
<https://doi.org/10.1080/13229400.2014.11082004>
- Theiss, J. A.**, & Estlein, R.* (2014). Antecedents and consequences of the perceived threat of sexual communication: A test of the relational turbulence model. *Western Journal of Communication, 78*, 404-425. <https://doi.org/10.1080/10570314.2013.845794>
- Theiss, J. A.**, & Knobloch, L. K. (2014). Relational turbulence during the post-deployment transition: Self, partner, and relationship focused turbulence. *Communication Research, 41*, 27-51.
<https://doi.org/10.1177/0093650211429285>
***2015 Excellence in Research on Military and Veteran Families Award Finalist from the Military Family Research Institute at Purdue University.**
- Knobloch, L. K., Ebata, A. T., McGlaughlin, P. C., & **Theiss, J. A.** (2013). Generalized anxiety and relational uncertainty as predictors of topic avoidance during reintegration following deployment. *Communication Monographs, 80*, 452-477. <https://doi.org/10.1080/03637751.2013.828159>
- Nagy, M. E. *, & **Theiss, J. A.** (2013). Applying the relational turbulence model to the empty-nest transition: Sources of relationship change, relational uncertainty, and interference from partners. *Journal of Family Communication, 13*, 280-300. <https://doi.org/10.1080/15267431.2013.823430>
- Theiss, J. A.**, Estlein, R. *, & Weber, K. M. (2013). A longitudinal assessment of relationship characteristics that predict new parents' relationship satisfaction. *Personal Relationships, 20*, 216-235.
<https://doi.org/10.1111/j.1475-6811.2012.01406.x>
- Theiss, J. A.**, & Knobloch, L. K. (2013). A relational turbulence model of military service members' relational communication during reintegration. *Journal of Communication, 63*, 1109-1129.
<https://doi.org/10.1111/jcom.12059>
***2021 Outstanding Article Award from the Communication and Military Division of the National Communication Association**
- Theiss, J. A.**, & Nagy, M. E.* (2013). A relational turbulence model of partner responsiveness and relationship talk across cultures. *Western Journal of Communication, 77*, 186-209.
<https://doi.org/10.1080/10570314.2012.720746>

- Knobloch, L. K., & **Theiss, J. A.** (2012). Experiences of U.S. military couples during the post-deployment transition: Applying the relational turbulence model. *Journal of Social and Personal Relationships* 29, 423-450. <https://doi.org/10.1177/0265407511431186>
- Theiss, J. A.**, & Nagy, M. E.* (2012). A cross-cultural test of the relational turbulence model: Relationship characteristics that predict turmoil and topic avoidance for Koreans and Americans. *Journal of Social and Personal Relationships*, 29, 545-565. <https://doi.org/10.1177/0265407512443450>
- Knobloch, L. K., & **Theiss, J. A.** (2011). Depressive symptoms and mechanisms of relational turbulence as predictors of relationship satisfaction among returning service members. *Journal of Family Psychology*, 25, 470-478. <https://doi.org/10.1037/A0024063>
- Knobloch, L. K., & **Theiss, J. A.** (2011). Relational uncertainty and relationship talk within courtship: A longitudinal actor-partner interdependence model. *Communication Monographs*, 78, 3-26. <https://doi.org/10.1080/03637751.2010.542471>
- Theiss, J. A.** (2011). Modeling dyadic effects in the associations between relational uncertainty, sexual communication, and sexual satisfaction for husbands and wives. *Communication Research*, 38, 565-584. <https://doi.org/10.1177/0093650211402186>
- Knobloch, L. K., & **Theiss, J. A.** (2010). An actor-partner interdependence model of relational turbulence: Cognitions and emotions. *Journal of Social and Personal Relationships*, 27, 595-619. <https://doi.org/10.1177/0265407510368967>
- *2012 Distinguished Article Award from the International Association for Relationship Research.**
- Theiss, J. A.**, & Nagy, M. E.* (2010). Actor-partner effects in the associations between relationship characteristics and reactions to marital sexual intimacy. *Journal of Social and Personal Relationships*, 27, 1089-1109. <https://doi.org/10.1177/0265407510381254>
- Theiss, J. A.**, & Knobloch, L. K. (2009). An actor-partner interdependence model of irritations in romantic relationships. *Communication Research*, 36, 510-536. <https://doi.org/10.1177/0093650209333033>
- Theiss, J. A.**, Knobloch, L. K., Checton, M.*, & Magsamen-Conrad, K.* (2009). Relationship characteristics associated with the experience of hurt in romantic relationships: A test of the relational turbulence model. *Human Communication Research*, 35, 588-615. <https://doi.org/10.1111/j.1468-2958.2009.01364.x>
- Solomon, D. H., & **Theiss, J. A.** (2008). A longitudinal test of the relational turbulence model of romantic relationship development. *Personal Relationships*, 15, 339-357. <https://doi.org/10.1111/j.1475-6811.2008.00202.x>
- Theiss, J. A.**, & Solomon, D. H. (2008). Parsing the mechanisms that increase relational intimacy: The effects of uncertainty amount, open communication about uncertainty, and the reduction of uncertainty. *Human Communication Research*, 34, 625-654. <https://doi.org/10.1111/j.1468-2958.2008.00335.x>
- Theiss, J. A.**, & Solomon, D. H. (2007). Communication and the emotional, cognitive, and relational consequences of first sexual encounters in heterosexual dyads. *Communication Quarterly*, 55, 179-206. <https://doi.org/10.1080/01463370601036663>
- Theiss, J. A.**, & Solomon, D. H. (2006a). Coupling longitudinal data and hierarchical linear modeling to examine the antecedents and consequences of jealousy experiences in romantic relationships: A test of

the relational turbulence model. *Human Communication Research*, 32, 469-503.
<https://doi.org/10.1111/j.1468-2958.2006.00284.x>

Theiss, J. A., & Solomon, D. H. (2006b). A relational turbulence model of communication about irritations in romantic relationships. *Communication Research* 33, 391-418.
<https://doi.org/10.1177/0093650206291482>

Knobloch, L. K., Solomon, D. H., & **Theiss, J. A.** (2006). The role of intimacy in the production and perception of relationship talk within courtship. *Communication Research* 33, 211-244.
<https://doi.org/10.1177/0093650206289148>

Book Chapters

Theiss, J. A. (in press). Comparing and contrasting equity and interdependence in close relationships. In S. Gaines (Ed.), *Understanding interdependence in close relationships*. Elgar Publishing.

Knobloch, L. K., Solomon, D. H., **Theiss, J. A.**, & McLaren, R. M. (in press). Relational turbulence theory: Understanding family communication during times of change. In E. Suter & K. Floyd (Eds.), *Engaging theories in family communication (3rd edition)*. Routledge.

Theiss, J. A., Doerfel, M. L., Venetis, M. K., & Scharp, K. M. (in press). Resilience as a multi-layered communication process. In M. L. Doerfel, J. A. Theiss, M. K. Venetis, & K. M. Scharp (Eds.), *The Routledge handbook of communication and resilience*. Routledge.

Austin, J. T., & **Theiss, J. A.** (in press). Communication and resilience in military couples. In M. L. Doerfel, J. A. Theiss, M. K. Venetis, & K. M. Scharp (Eds.), *The Routledge handbook of communication and resilience*. Routledge.

Theiss, J. A. (in press). Dyadic analysis in interpersonal communication research. In P. J. Shultz, P. Copley, & L. J. Shen (Eds.), *Quantitative research methods in communication science*. Part of the *Handbooks in communication science* series. De Gruyter Mouten.

Theiss, J. A., & Jones, H. E.* (2022). Explaining turbulence, coping, and resilience in romantic relationships during the COVID-19 pandemic. In J. A. Kuypers (ed.), *Personal and administrative perspectives from the communication discipline during COVID-19* (pp. 9-38). Lexington Books.

Estlein, R. & **Theiss, J. A.**, (2021). Sexual communication during childbearing and childrearing: Negotiating relational turbulence and interpersonal closeness during pregnancy and beyond. In T. Coffelt (Ed.), *Interpersonal sexual communication across the lifespan* (pp. 135-150). Peter Lang.

Knobloch, L. K., Solomon, D. H., **Theiss, J. A.**, & McLaren, R. M. (2021). Relational turbulence theory: Interpersonal communication during times of transition. In D. O. Braithwaite & P. Schrodtt (eds.), *Engaging theories in interpersonal communication: Multiple perspectives*. Routledge.

Theiss, J. A. (2020). Uncertainty perspectives on relationship maintenance. In B. G. Ogolsky & J. K. Monk (Eds.), *Relationship maintenance: Theory, process, and context*. Cambridge, UK: Cambridge University Press.

***Volume received 2022 Book Award from the International Association for Relationship Research**

Solomon, D. H., **Theiss, J. A.**, Knobloch, L. K., & McLaren, R. M. (2019). Reflections on the development of relational turbulence theory. In S. Smith & S. Wilson (Eds.), *Reflections on interpersonal communication* (pp. 315-336). San Diego, CA: Cognella.

- Theiss, J. A., & Greene, K. (2019).** Introduction: The interdependent influence among relationships, health, and wellness. In J. A. Theiss and K. Greene (Eds.), *Contemporary studies of relationships, health, and wellness* (pp. 1-10). Cambridge, UK: Cambridge University Press.
- Theiss, J. A., & Greene, K. (2019).** Epilogue: The important role of relationship research in promoting healthy individuals and relationships. In J. A. Theiss & K. Greene (Eds.), *Contemporary studies of relationships, health, and wellness* (pp. 355-362). Cambridge, UK: Cambridge University Press.
- Haverfield, M. C., & **Theiss, J. A. (2019).** Alcoholic and non-alcoholic parents' orientations toward conformity and conversation as predictors of attachment and psychological well-being for adult children of alcoholics. In J. A. Theiss & K. Greene (Eds.), *Contemporary studies on relationships, health, and wellness* (pp. 291-314). Cambridge, UK: Cambridge University Press.
- Leustek, J.*, & **Theiss, J. A. (2019).** Health-related issues that individuals with type 2 diabetes avoid discussing with their romantic partner. In J. A. Theiss and K. Greene (Eds.), *Contemporary studies on relationships, health, and wellness* (pp. 73-92). Cambridge, UK: Cambridge University Press.
- Knobloch, L. K., Solomon, D. H., **Theiss, J. A.**, & McLaren, R. M. (2017). Relational turbulence theory. In D. Braithwaite, E. Suter, & K. Floyd (Eds.), *Engaging theories of family communication, second edition* (pp. 255-266). New York: Routledge.
- Knobloch, L. K., **Theiss, J. A.**, & Wehrman, E. C.* (2015). Communication of military couples during deployment: Topics discussed, topics avoided, and uncertainty experienced. In E. Sahlstein & L. Webb (Eds.), *A communicative perspective on the military: Interactions, messages, and discourses* (pp. 39-58). New York: Peter Lang.
- Knobloch, L. K., & **Theiss, J. A. (2014).** Relational turbulence within military couples during reintegration following deployment. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Military deployment and its consequences for families* (pp. 37-59). New York: Springer.
- Solomon, D. H., & **Theiss, J. A. (2011).** Relational turbulence: What doesn't kill us makes us stronger. In W. Cupach & B. Spitzberg (Eds.), *The dark side of close relationships* (pp. 197-216). New York: Routledge.
- Solomon, D. H., & **Theiss, J. A. (2007).** Cognitive foundations of communication in close relationships. In D. Roskos-Ewoldsen & J. Monahan (Eds.), *Communication and social cognition* (pp. 117-140). Mahwah, NJ: Erlbaum.

Encyclopedia Entries

- Theiss, J. A. (2023).** Relational turbulence theory. In M. Powers (Ed.), *Oxford Research Encyclopedia of Communication*. New York and Oxford: Oxford University Press.
<https://doi.org/10.1093/acrefore/9780190228613.013.938>
- Theiss, J. A. (2019).** Relational turbulence. In J. Ponzetti (Ed.), *Macmillan Encyclopedia of Families, Marriages, and Intimate Relationships* (pp. 699-702). Boston, MA: Cengage.
- Theiss, J. A. (2016).** Frequency of sexual relations in marriage. In C. Shehan (Ed.), *Encyclopedia of Family Studies* (pp. 1-5). Hoboken, NJ: Wiley-Blackwell.
- Theiss, J. A., & Haverfield, M. C. (2016).** Conflict resolution. In C. Shehan (Ed.), *Encyclopedia of Family Studies* (pp. 1-4). Hoboken, NJ: Wiley-Blackwell.

- Theiss, J. A., & Leustek, J.** (2016). Marital conflict. In C. Shehan (Ed.), *Encyclopedia of Family Studies* (pp. 1-4). Hoboken, NJ: Wiley-Blackwell.
- Theiss, J. A.** (2015). Multi-level modeling. In C. R. Berger & M. E. Roloff (Eds.), *International Encyclopedia of Interpersonal Communication* (pp. 1-5). Hoboken, NJ: Wiley-Blackwell.
- Theiss, J. A.** (2009). Relational uncertainty. In S. Littlejohn & K. Foss (Eds.), *Encyclopedia of communication* (pp. 844-847). New York: Sage.

Published Conference Proceeding

- Fitzgerald, N., **Theiss, J.**, Dewar, J., Wozniak, A., Musaad, S., Mobley, A., Sigman-Grant, M. (2015). Racial/ethnic differences in the associations between parents' body mass index, behaviors and child weight status. *Journal of Nutrition Education and Behavior*, 47(4S), S71-S72.

Keynote Presentations and Invited Scholarly Presentations

- IARR New Scholars Workshop (Summer, 2023)
Panelist, *Writing and Publishing Research on Personal Relationships*
- Featured Scholar, Pennsylvania State University 3-Day Summer Symposium (Summer, 2022)
Dynamic Dyadic Systems Analysis of Conversation Data
- School of Communication and Information Incubator on Scholarly Ethics (Spring, 2019)
The Ethics of Mentoring Graduate Students
- Keynote Address, Comm Week, Texas State University – San Marcos, TX (Spring, 2018)
The Experience and Expression of Uncertainty in Close Relationships
- IARR New Scholars Workshop (Summer, 2017)
Panelist, *Designing and Teaching Courses on Close Relationships*
- Big Read and Women in Media – Newark Film Festival, Rutgers University – Newark (Spring, 2017)
Panelist, *Hook Ups, Jump Offs, and Polyamory: Finding Love in a Social Networked World*
- Invited Talk, Family Communication and Relationships Lab, Utah State University (Fall, 2016)
Experiences of Relational Turbulence in Close Relationships
- IARR New Scholars Workshop (Fall, 2013)
Panelist, *Publishing Relationship Research in Top Empirical Journals and Books*
- ArtPride NJ Member Party, New Brunswick, NJ (Spring, 2013)
Men are from Mars, Women are from Venus?: Dispelling Myths about Gender, Power, Sex, and Relationships
- Student Veterans of America Conference, Pennsylvania State University (Spring, 2012)
Romantic reunions: Preparing for the ups and downs in romantic relationships during reintegration.
- Featured lecture, *Rutgers Day*, SC&I, Rutgers University (2009)
Love on the Rocks: Conflict and Romance

Respondent for Conference Panels

Respondent, Interpersonal Communication Division, National Communication Association (Fall, 2020)
*Interpersonal Communication Measurement at the Crossroads: Paving the Way Forward by
Developing and Revising Quantitative Measures.* [Virtual format due to COVID-19 pandemic]

Respondent, Interpersonal Communication Division, National Communication Association (Fall, 2017)
Top 4 Papers in Interpersonal Communication

Respondent, Interpersonal Communication Division, National Communication Association (Fall, 2016)
*Sexual Communication in Friendships and Romantic Relationships: Complicated Sexual Pasts,
Compelling Sexual Presents, and Future Sexual Possibilities*

Internal Colloquia and Guest Lectures

Colloquium in the School of Communication and Information, Rutgers University (Spring, 2015)
Panelist, *Managing Advisor and Advisee Relationships*

Colloquium in the School of Communication and Information, Rutgers University (Fall 2014, Fall 2015)
The Ethical Conduct of Collaborative Research

Guest Lecture, Research Methods (604), Rutgers University (Fall, 2009)
Constructing Structural Equation Models Using AMOS

Invitational Masters Student Institute, Rutgers University (Fall, 2008, 2009)
Structural Equation Modeling Workshop

Guest Lecture, Communication Theory (200), Rutgers University (Spring 2009)
Impression Formation and Uncertainty Reduction Theory

Guest Lecture, Communication Research (300), Rutgers University (Spring, 2008)
Conducting Research on Interpersonal Communication and Romantic Relationships

Guest Lecture, Communication Theory (200), Rutgers University (Spring 2007, 2008; Summer
2007)
Theories of Interpersonal Communication and Relationship Development

Department of Communication Faculty and Student Symposium, SC&I, Rutgers University (Spring,
2007)
Panelist, *Perspectives on Language and Social Interaction*

Department of Communication Faculty and Student Symposium, SC&I, Rutgers University (Spring,
2007)
Panelist, *Perspectives on Health Communication*

SC&I Graduate Student Colloquium, Rutgers University (Fall, 2006)
Panelist, *Preparing for Careers in Higher Education*

Guest Lecture, Communication Research (300), Rutgers University (Fall, 2006)
Interpersonal Communication Research Methods

Conference for Teaching Excellence, University of Wisconsin - Madison (Spring 2003)

Panelist, *Teaching the Large Lecture Course: A Panel Discussion*

Communication Science Colloquium, University of Wisconsin - Madison (Spring 2003)
Communication and the Emotional, Cognitive, and Relational Outcomes of First Sexual Encounters in Heterosexual Dyads

Communication Science Colloquium, University of Wisconsin - Madison (Fall 2001)
The Role of First Sexual Experience in Dating Relationships

Human Development and Family Studies Graduate Student Assembly, University of Wisconsin – Madison (Fall 2001)
Foundations for Exploring First Sexual Experiences in Dating Relationships

Faculty Development Conference, St. Norbert College (Spring 2001)
Reenergizing the Teaching-Learning Experience through Creative Teaching
Student Panel Presentation

Faculty Development Conference, St. Norbert College (Spring 1999)
Fostering a Love of Learning: The Fine Art of Engaging Students
Chair, Student Panel Presentation

Conference Presentations

Jones, H. E., & **Theiss, J. A.** (2025, November). *Navigating partner/parental death as a family: Co-occurrence themes of relational uncertainty between and across surviving parents and emerging adult children*. Paper presented at the meeting of the National Communication Association, Denver, CO.

Jones, H. E., & **Theiss, J. A.** (2025, November). *A longitudinal and dyadic study of communal coping and relational turbulence among surviving parents and emerging adult children after the death of a partner/parent*. Paper presented at the meeting of the National Communication Association, Denver, CO.

Venetis, M. K., Senger, A., Greene, K., **Theiss, J. A.**, Long-Traynor, K., Stephens, S., & Devine, K. A. (2025, October). *Preferences for participation in adolescent and young adult cancer survivorship visits*. Poster presentation at the 2025 International Conference on Communication in Healthcare, Ottawa, ON, Canada.

Jones, H. E., **Theiss, J. A.**, Austin, J. T., & Guzmán Villegas, S. (2025, July). *Changes in sexual intimacy between romantic partners after the birth of a child*. A paper presented at the meeting of the International Association for Relationship Research, London, England.

Theiss, J. A., & Haverfield, M. C. (2025, June). *Conversation patterns and emotion regulation parent-adolescent interactions: A dynamic dyadic systems analysis*. Paper presented at the meeting of the Innovations in Interpersonal Relationships and Health, Zürich, Switzerland.

Venetis, M. K., Senger, A., **Theiss, J. A.**, Greene, K., Long-Traynor, K., Stephens, S., & Devine, K. (2025, May). *Predictors of transition readiness: Perspectives of survivors and parents*. Poster presentation at the 2025 Annual Retreat on Cancer Research in New Jersey. New Brunswick, NJ.

Theiss, J. A., Estlein, R., Weber, K. M., & Jones, H. E. (2024, November). *A relational turbulence theory perspective on interpersonal conflict during the transition to parenthood*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.

- Austin, J. T., **Theiss, J. A.**, Jones, H. E., & Guzmán Villegas, S. (2024, November). *Relational turbulence and dyadic resilience in romantic relationships after the birth of a child*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Yoon, D. B., **Theiss, J. A.**, & Jones, H. E. (2024, November). *Challenges to identity for women coping with infertility: A thematic co-occurrence analysis*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Jones, H. E., & **Theiss, J. A.** (2024, November). *A thematic co-occurrence analysis of communal coping within and across surviving parents and children after parental/partner death*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- *Top Four Paper for the NCA Family Communication Division**
- Guzmán Villegas, S., & **Theiss, J. A.** (2024, November). *The effects of racial ideology and ethnoracial salience on communication and identity in romantic relationships: Comparing interracial/ethnic and non-interracial/ethnic couples*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Theiss, J. A.** (2024, November). *Advances in interpersonal communication and resilience: Communication for greater regard*. Panel discussion at the meeting of the National Communication Association, New Orleans, LA.
- Jones, H. E., & **Theiss, J. A.** (2024, November). *Conditions of relational turbulence as antecedents and outcomes of relationship maintenance behaviors during the COVID-19 pandemic*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Venetis, M. K., Senger, A., Nolan-Cody, H., **Theiss, J.**, Greene, K., Long-Traynor, K., Stephens, S., & Devine, K. (2024, May 23). *Cognitive interviews with adolescents and young adult survivors and parents: Summary of results*. Poster to be presented at the 2024 Annual Retreat on Cancer Research in New Jersey.
- Jones, H. E., & **Theiss, J. A.** (2024, July). *Familial relational turbulence after the death of a parent: Themes of relational uncertainty and disrupted interdependence in the relationship between emerging adult children and their surviving parent*. A paper presented at the meeting of the International Association for Relationship Research, Boston, MA.
- Theiss, J. A.**, Haverfield, M. C., Jones, H. E., & Austin, J. T. (2024, July). *Sequence analysis of parent-adolescent conversations about emotion: Comparing interaction patterns in families with and without problematic parental alcohol use*. A paper presented at the meeting of the International Association for Relationship Research, Boston, MA.
- Guzmán, S. V., & **Theiss, J. A.** (2024, July). *Stigma-related stress, race-focused communication, and conditions of relational turbulence in inter-racial relationships*. A paper presented at the meeting of the International Association for Relationship Research, Boston, MA.
- Austin, J. T., & **Theiss, J. A.** (2024, April). *Understanding the role of resilience on mental health and well-being in military romantic relationships*. A paper presented at the Kentucky Conference on Health Communication, Lexington, KY.

- Jones, H. E., & **Theiss, J. A.** (2024, March). *A thematic co-occurrence analysis of stressors experienced by young adults navigating grief after parental death*. A paper presented at the meeting of the Eastern Communication Association, Boston, MA.
- Austin, J. T., Jones, H. E., **Theiss, J. A.**, & Guzmán, S. V. (2024, March). *A thematic co-occurrence analysis of relational turbulence and dyadic resilience in romantic couples during the transition to parenthood*. A paper presented at the meeting of the Eastern Communication Association, Boston, MA.
- Theiss, J. A.**, Haverfield, M. C., Jones, H. E., & Austin, J. T. (2023, November). *Using state space grid analysis to model the content and structure of parent-adolescent emotion-focused interaction*. A paper presented at the meeting of the National Communication Association, National Harbor, MD.
- Guzmán, S., **Theiss, J. A.**, Austin, J. T., & Jones, H. E. (2023, November). *Exploring the effects of relational turbulence on sexual functioning for new parents*. A paper presented at the meeting of the National Communication Association, National Harbor, MD.
- Jones, H. E., & **Theiss, J. A.** (2023, November). *A thematic analysis of stressors experienced by young adults navigating grief after parental death*. A paper presented at the meeting of the National Communication Association, National Harbor, MD.
- Yoon, D. B., & **Theiss, J. A.** (2023, November). *Examining the factors associated with identity uncertainty in adult adopted individuals*. A paper presented at the meeting of the National Communication Association, National Harbor, MD.
- Theiss, J. A.**, Austin, J. T., Guzmán, S., & Jones, H. E. (2023, October). *Postnatal depression and relational uncertainty after the birth of a child predict new parents' sexual communication and relational turbulence*. A paper presented at the meeting of the Interpersonal Communication and Social Interaction section of the European Communication Research and Education Association, Tallinn, Estonia.
- Jones, H. E., & **Theiss, J. A.** (2023, October). *Interpersonal factors that shape and reflect relational turbulence and relationship maintenance during the COVID-19 pandemic*. A paper presented at the meeting of the Interpersonal Communication and Social Interaction section of the European Communication Research and Education Association, Tallinn, Estonia.
- Jones, H. E., Austin, J. T., & **Theiss, J. A.** (2023, October). *Assessing the conservation of resources theory: Examining stress, conflict, and burnout in relationships across an international sample during COVID-19*. A paper presented at the meeting of the Interpersonal Communication and Social Interaction section of the European Communication Research and Education Association, Tallinn, Estonia.
- Austin, J. T., & **Theiss, J. A.** (2023, May). *Understanding the role of resilience in military couples' romantic relationships*. A paper presented at the meeting of the International Association for Relationship Research, Tempe, AZ.
- Austin, J. T., Guzmán, S., & **Theiss, J. A.** (2023, May). *Sources of relational turbulence and practices of resilience in romantic relationships following the birth of a child*. A paper presented at the meeting of the International Association for Relationship Research, Tempe, AZ.
- Guzmán, S., & **Theiss, J. A.** (2023, May). *The experience of new fathers during the transition to parenthood: Associations between depressive symptoms and relationship functioning*. A paper presented at the meeting of the International Association for Relationship Research, Tempe, AZ.

- Theiss, J. A.,** Haverfield, M. C., Jones, H. E., & Austin, J. T. (2023, May). *An analysis of conversational motifs in parent-adolescent emotion coaching interactions*. A paper presented at the meeting of the International Communication Association, Toronto, Canada.
- Yoon, D. B., & **Theiss, J. A.** (2022, November). *Sources of identity uncertainty for adult adopted individuals*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Yoon, D. B., & **Theiss, J. A.** (2022, May). *Adopted individuals' information management strategies for managing uncertainty about genetic family health history*. A paper presented at the meeting of the International Communication Association, Paris, France.
- Jones, H. E., **Theiss, J. A.,** Austin, J. T., & Yoon, D. B. (2021, November). *Examining actor-partner effects in the associations between dyadic resilience and conditions of relational turbulence during the COVID-19 pandemic*. A paper presented at the meeting of the National Communication Association, Seattle, WA.
- Jones, H. E., **Theiss, J. A.,** & Yoon D. B. (2021, November). *Stress, relational turbulence, and communal coping during the COVID-19 pandemic*. A paper presented at the meeting of the National Communication Association, Seattle, WA.
- *Top Paper for the NCA Interpersonal Communication Division**
- Carpenter, A., & **Theiss, J. A.** (2021, May). *Modeling the Factors Associated with Topic Avoidance about Mental Health: Depressive Symptoms, Information and Relationship Assessments, and Efficacy*. A paper presented at the meeting of the International Communication Association, Denver, CO. [Conference converted to virtual format due to COVID-19 pandemic.]
- Jones, H. E., Yoon, D. B., **Theiss, J. A.,** Austin, J., & Lee, L. (2021, March). *Assessing the effects of COVID-19 on romantic relationships and the communal coping strategies partners use to manage the stress of a pandemic*. A paper presented at the meeting of the Eastern Communication Association, Boston, MA. [Conference converted to virtual format due to COVID-19 pandemic.]
- *Top Paper for the ECA Interpersonal Communication Division**
- Jones, H. E., & **Theiss, J. A.** (2020, November). *Relational turbulence during the COVID-19 pandemic: Relationship characteristics associated with stress, irritations, and conflict during crisis*. A paper presented at the meeting of the National Communication Association, Indianapolis, IN. [Conference converted to virtual format due to COVID-19 pandemic.]
- Yoon, D. B., Jones, H. E., & **Theiss, J. A.** (2020, November). *A test of relational turbulence theory among women experiencing infertility: Cognitive, emotional, and communicative predictors of turbulence*. A paper presented at the meeting of the National Communication Association, Indianapolis, IN. [Conference converted to virtual format due to COVID-19 pandemic.]
- Yoon, D. B., **Theiss, J. A.,** & Jones, H. E. (2020, May). *The identity implications of women coping with infertility*. A paper presented at the meeting of the International Communication Association, Gold Coast, Australia. [Conference converted to virtual format due to COVID-19 pandemic.]
- Yoon, D. B., & **Theiss, J. A.** (2019, November). *The role of identity uncertainty in predicting perceived support quality and relational turbulence for individuals coping with infertility*. A paper presented at the meeting of the National Communication Association, Baltimore, MD.
- *Top Four Paper for the NCA Interpersonal Communication Division**
- Yoon, D. B., & **Theiss, J. A.** (2019, July). *Relationship characteristics and features of interpersonal episodes that contribute to relational turbulence for couples with infertility: An application of relational*

turbulence theory. A paper presented at the meeting of the International Association for Relationship Research, Brighton, England.

Theiss, J. A. (2018, November). *The dark sides and silver linings of family formation*. A panel discussion at the meeting of the National Communication Association, Salt Lake City, UT.

Theiss, J. A., Yoon, D. B., & Weber, K. M. (2018, November). *Themes of partner facilitation and partner interference during the transition to parenthood*. A paper presented at the meeting of the National Communication Association, Salt Lake City, UT.

Yoon, D. B., & **Theiss, J. A.** (2018, November). *Interpersonal communication that promotes personal and relational resilience during reproductive hardship*. A paper presented at the meeting of the National Communication Association, Salt Lake City, UT.

Yoon, D. B., & **Theiss, J. A.** (2018, July). *Individual and relational outcomes of reproductive hardship: Manifestations of relational turbulence and dialectical tensions*. A paper presented at the meeting of the International Association for Relationship Research, Fort Collins, CO.

Theiss, J. A., Leustek, J., & Yoon, D. B. (2018, May). *Relational turbulence and partner support between parents of children with autism*. A paper presented at the meeting of the International Communication Association, Prague, Czech Republic.

Theiss, J. A., Bontempo, A. C., & Yoon, D. B. (2017, November). *A thematic analysis of the communicative challenges faced by romantic partners of military service members with post-traumatic stress disorder*. A paper presented at the meeting of the National Communication Association, Dallas, TX.

Haverfield, M. C., & **Theiss, J. A.** (2017, November). *Comparing enacted and perceived parental communication as predictors of adolescents' emotion regulation in families with alcoholic versus non-alcoholic parents*. A paper presented at the meeting of the National Communication Association, Dallas, TX.

Knobloch, L. K., Basinger, E. D., & **Theiss, J. A.** (2017, November). *Relational turbulence and perceptions of partner support during reintegration after military deployment*. A paper presented at the meeting of the National Communication Association, Dallas, TX.

Yoon, D., & **Theiss, J. A.** (2017, June). *Interdependence between partners during the transition to parenthood: Themes of partner facilitation and partner interference*. A poster presented at the meeting of the International Association for Relationship Research, Syracuse, NY.

Leustek, J., & **Theiss, J. A.** (2017, May). *Relational antecedents and health-related outcomes of social support for individuals with type 2 diabetes*. A paper presented at the meeting of the International Communication Association, San Diego, CA.

Solomon, D. H., Knobloch, L. K., **Theiss, J. A., & McLaren, R. M.** (2016, November). *Relational turbulence theory: Explaining variation in subjective experiences and communication within romantic relationships*. A paper presented at the meeting of the National Communication Association, Philadelphia, PA.

***Top Four Paper for the NCA Interpersonal Communication Division**

Theiss, J. A., & Weber, K. M. (2016, November). *Antecedents and outcomes of relationship maintenance behaviors during the transition to parenthood*. A paper presented at the meeting of the National Communication Association, Philadelphia, PA.

- Haverfield, M. C., & **Theiss, J. A.** (2016, November). *Features of parent-child communication associated with adolescent resilience in families of alcoholics versus non-alcoholics: Applying Emotion Regulation Theory*. A paper presented at the meeting of the National Communication Association, Philadelphia, PA.
- Leustek, J., & **Theiss, J. A.** (2016, November). *Relational turbulence and chronic illness: Relationship characteristics that predict enacted talk and received support for individuals with type 2 diabetes*. A paper presented at the meeting of the National Communication Association, Philadelphia, PA.
- King, M. E., & **Theiss, J. A.** (2016, July). *Relational uncertainty and partner interference as predictors of stress and turmoil in the empty-nest marriage*. A paper presented at the meeting of the International Association for Relationship Research, Toronto, Canada.
- Leustek, J., & **Theiss, J. A.** (2016, July). *Health-related issues that individuals with type-2 diabetes avoid discussing with their romantic partner*. A paper presented at the meeting of the International Association for Relationship Research, Toronto, Canada.
- Leustek, J., & **Theiss, J. A.** (2016, June). *Factors that shape cognitive and behavioral coping among individuals with Type 2 Diabetes: Features of illness versus features of romantic relationships*. A paper presented at the meeting of the International Communication Association, Fukuoka, Japan.
- Theiss, J. A.**, Leustek, J., Estlein, R., & Weber, K. M. (2015, November). *Post-partum depression and relational turbulence during the transition to parenthood: Implications for perceived partner responsiveness, support, and relationship satisfaction*. A paper presented at the meeting of the National Communication Association, Las Vegas, NV.
- *Top Paper for the NCA Interpersonal Communication Division**
- Haverfield, M. C., & **Theiss, J. A.** (2015, November). *Parental communication of responsiveness and control as predictors of adolescents' emotional and behavioral resilience in families with alcoholic versus non-alcoholic parents*. A paper presented at the meeting of the National Communication Association, Las Vegas, NV.
- Fitzgerald, N., **Theiss, J.**, Dewar, J., Wozniak, A., Musaad, S., Mobley, A., Sigman-Grant, M. (2015, July). *Racial/ethnic differences in the associations between parents' body mass index, behaviors and child weight status*. A poster presented at the meeting of the Society for Nutrition Education and Behavior, Pittsburgh, PA.
- Cox, J., & **Theiss, J. A.** (2015, June). *Romantic partners' social support of weight loss goals: Implications for relational turbulence and relational satisfaction*. A paper presented at the meeting of the International Association for Relationship Research, New Brunswick, NJ.
- Leustek, J., & **Theiss, J. A.** (2015, June). *Parents' communication of dominance and affiliation as predictors of relational satisfaction and intimacy for adult children of late-life divorce*. A paper presented at the meeting of the International Association for Relationship Research, New Brunswick, NJ.
- Theiss, J. A.**, Carpenter, A. M., Cox, J. (2015, May). *Relationship characteristics that predict communication about weight loss and efficacy to achieve weight loss goals*. A paper presented at the meeting of the International Communication Association, San Juan, Puerto Rico.
- *Top Four Paper for the ICA Interpersonal Communication Division**
- Leustek, J., & **Theiss, J. A.** (2015, May). *Family communication patterns that predict perceptions of upheaval and psychological well-being for adult children of late life divorce*. A paper presented at the meeting of the International Communication Association, San Juan, Puerto Rico.

Knobloch, L. K., **Theiss, J. A.**, & Wehrman, E. C. (2015, April). *Communication of military couples during deployment: Topic avoidance and relational uncertainty*. A paper presented at the meeting of the Central States Communication Association, Madison, WI.

***Top Paper for the CSCA Interpersonal and Small Group Communication Division**

Carpenter, A. M., **Theiss, J. A.**, & Leustek, J. (2014, November). *Partner facilitation and partner interference in individuals' weight loss goals: A qualitative analysis of longitudinal data*. A paper presented at the meeting of the National Communication Association, Chicago, IL.

Leustek, J., **Theiss, J. A.**, & Stein, J. (2014, November). *Adult children's experiences of their parents' late-life divorce: Perceptions of family changes and family uncertainty*. A paper presented at the meeting of the National Communication Association, Chicago, IL.

Haverfield, M. C., **Theiss, J. A.**, & Leustek, J. (2014, November). *Characteristics of communication in families of alcoholics*. A paper presented at the meeting of the National Communication Association, Chicago, IL.

Theiss, J. A., Nogueira, K., Stein, J., & Weber, K. M. (2014, November). *A relational turbulence model of irritating partner behavior during the transition to parenthood: Sources of irritations, severity of irritations, and perceptions of turmoil*. A paper presented at the meeting of the National Communication Association, Chicago, IL.

Haverfield, M. C., & **Theiss, J. A.** (2014, May). *The effect of family communication on adult children of alcoholics' perceptions of stigma and their associations with emotional and psychological resilience*. A paper presented at the meeting of the International Communication Association, Seattle, WA.

Theiss, J. A., & Haverfield, M. C. (2013, November). *Alcoholic and non-alcoholic parents' orientations toward conformity and conversation as predictors of attachment and psychological well-being for adult children of alcoholics*. A paper presented at the meeting of the National Communication Association, Washington, D. C.

***Top Four Paper for the NCA Family Communication Division**

Knobloch, L. K., Ebata, A. T., McGlaughlin, P. C., & **Theiss, J. A.** (2013, November). *Generalized anxiety and relational uncertainty as predictors of topic avoidance during reintegration following deployment*. A paper presented at the meeting of the National Communication Association, Washington, D. C.

Nagy, M. E., & **Theiss, J. A.** (2013, June). *Irritations in empty-nest relationships: Identifying themes and understanding the role of relational uncertainty and interference from partners as predictors of severity*. A paper presented at the meeting of the International Communication Association, London, England.

Estlein, R., & **Theiss, J. A.** (2013, June). *Responsiveness and control in marital and parental communication: Exploring consistencies across family subsystems and between perceived and observed behavior*. A paper presented at the meeting of the International Communication Association, London, England.

Theiss, J. A., & Knobloch, L. K. (2012, November). *A relational turbulence model of military veterans' relational communication during reintegration*. A paper presented at the meeting of the National Communication Association, Orlando, FL.

***Top Paper for the NCA Interpersonal Communication Division**

Nagy, M. E., & **Theiss, J. A.** (2012, November). *Applying the relational turbulence model to predict conflict behavior and cortisol reactivity among empty-nest couples*. A paper presented at the meeting of the National Communication Association, Orlando, FL.

- Estlein, R. E., & **Theiss, J. A.** (2012, November). *Inter-parental agreement on attitudes of responsiveness and control and its association with perceptions of the marital relationship*. A paper presented at the meeting of the National Communication Association, Orlando, FL.
- Haverfield, M. C., & **Theiss, J. A.** (2012, November). *A theme analysis of online support forums for adult children of alcoholics*. A paper presented at the meeting of the National Communication Association, Orlando, FL.
- Theiss, J. A.** (2012, July). *Theoretical approaches to understanding relational phenomena: Bridging the gap between theory and research*. Respondent for a panel presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Nagy, M. E., & **Theiss, J. A.** (2012, July). *Irritations in empty-nest relationships: Identifying themes and understanding the role of relational uncertainty and interference from partners as predictors of severity*. A paper presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Nagy, M. E., & **Theiss, J. A.** (2012, July). *Applying the relational turbulence model to predict stress and turmoil in empty-nest relationships*. A paper presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Estlein, R., & **Theiss, J. A.** (2012, July). *Perceptions of responsiveness and control in husbands' and wives' marital and parental communication*. A paper presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Haverfield, M., & **Theiss, J. A.** (2012, July). *A theme analysis of stressors and support strategies in online support groups for adult children of alcoholics*. A paper presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Catona, D., Magsamen-Conrad, K., Greene, K., Carpenter, A., & **Theiss, J.** (2012, July). *The effect of relational uncertainty of a "central" relationship on HIV+ individuals' perceptions of HIV disclosure*. A paper presented at the meeting of the International Association of Relationship Research, Chicago, IL.
- Theiss, J. A.**, Estlein, R., & Weber, K. M. (2011, November). *A longitudinal assessment of relationship characteristics that predict new parents' relationship satisfaction: Applying and extending the relational turbulence model*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Knobloch, L. K., & **Theiss, J. A.** (2011, November). *Depressive symptoms and mechanisms of relational turbulence as predictors of relationship satisfaction among returning service members*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Nagy, M. E., & **Theiss, J. A.** (2011, November). *Applying the relational turbulence model to the empty-nest transition: Sources of relationship change, relational uncertainty, and interference from partners*. A paper presented at the meeting of the National Communication Association, New Orleans, LA.
- Knobloch, L. K., & **Theiss, J. A.** (2011, May). *Relational turbulence during the post-deployment transition: Relational maintenance, partner responsiveness, and appraisals of turmoil*. A paper presented at the meeting of the International Communication Association, Boston, MA.
- *Top Paper for the ICA Interpersonal Communication Division**
- *John Garrison Award for Interpersonal Communication Research in Applied Contexts for the ICA Interpersonal Communication Division**

- Theiss, J. A., & Nagy, M. E.** (2011, May). *A relational turbulence model of perceived partner responsiveness and relationship talk across cultures*. A paper presented at the meeting of the International Communication Association, Boston, MA.
- Knobloch, L. K., & Theiss, J. A.** (2011, April). *Experiences of military couples during the post-deployment transition: Applying the relational turbulence model*. A poster presented at the meeting of Forging the Partnership: DoD/USDA Family Resilience Conference, Chicago, IL.
- Theiss, J. A., & Estlein, R.** (2010, November). *Antecedents and consequences of the perceived threat of sexual communication: A test of the relational turbulence model*. A paper presented at the meeting of the National Communication Association, San Francisco, CA.
- Theiss, J. A., & Nagy, M. E.** (2010, November). *A cross-cultural test of the relational turbulence model: Relationship characteristics that predict turmoil and topic avoidance for Koreans and Americans*. A paper presented at the meeting of the National Communication Association, San Francisco, CA.
- Theiss, J. A., Estlein, R., & Nagy, M. E.** (2010, July). *A theme analysis of relationship challenges during the transition to parenthood through the lens of the relational turbulence model*. A paper presented at the meeting of the International Association for Relationship Research, Herzliya, Israel.
- Estlein, R., & Theiss, J. A.** (2010, July). *An actor-partner model of the associations between relational uncertainty and reactions to sexual communication*. A paper presented at the meeting of the International Association for Relationship Research, Herzliya, Israel.
- Nagy, M. E., & Theiss, J. A.** (2010, July). *A cross cultural test of the relational turbulence model: Relational uncertainty, partner interference, and turmoil in South Korean and American romantic relationships*. A paper presented at the meeting of the International Association for Relationship Research, Herzliya, Israel.
- Theiss, J. A., & Nagy, M. E.** (2009, November). *Relationship characteristics associated with the openness of communication about sexual intimacy in marital relationships*. A paper presented at the meeting of the National Communication Association, Chicago, IL.
- *Top Four Paper for the NCA Interpersonal Communication Division**
- Theiss, J. A., & Estlein, R.** (2009, November). *A relational turbulence model of the antecedents and outcomes of indirect sexual communication*. Poster presented at the New Directions in Research on Close Relationships Mini-Conference of the International Association for Relationship Research, Lawrence, Kansas.
- Theiss, J. A., & Nagy, M. E.** (2009, May). *A relational turbulence model of reactions to sexual intimacy within marriage*. A paper presented at the meeting of the International Communication Association, Chicago, IL.
- *Top Four Paper for the ICA Interpersonal Communication Division**
- Theiss, J. A., Knobloch, L. K., Magsamen-Conrad, K., & Checton, M.** (2009, May). *Relationship characteristics associated with the experience of hurt in romantic relationships: A test of the relational turbulence model*. A paper presented at the meeting of the International Communication Association, Chicago, IL.
- Theiss, J. A., & Knobloch, L. K.** (2008, November). *An actor-partner interdependence model of the experience and expression of irritations in romantic relationships*. A paper presented at the meeting of the National Communication Association, San Diego, CA.

****Top Four Paper for the NCA Interpersonal Communication Division***

- Knobloch, L. K., & Theiss, J. A. (2008, November). *Tracking perceptions of turmoil over time: A longitudinal test of the relational turbulence model*. A paper presented at the meeting of the National Communication Association, San Diego, CA.
- Theiss, J. A., & Nagy, M. (2008, July). *A relational turbulence model of reactions to sexual intimacy within marriage*. Poster presented at the meeting of the International Association for Relationship Research, Providence, RI.
- Theiss, J. A. (2007, November). *A relational turbulence model of general negativity in romantic relationships*. Paper presented at the meeting of the National Communication Association, Chicago, IL.
- Theiss, J. A., & Solomon, D. H. (2007, May). *Rethinking the link between uncertainty and intimacy: Experiencing less uncertainty, reducing uncertainty, and communicating directly*. Paper presented at the meeting of the International Communication Association, San Francisco, CA.
- Theiss, J. A., & Solomon, D. H. (2006, November). *A longitudinal test of the relational turbulence model*. Paper presented at the meeting of the National Communication Association, San Antonio, TX.
- Theiss, J. A. (2006, July). A relational turbulence model of reactions to sexual intimacy. In J. A. Theiss (Chair), *Varying perspectives on the experience of sexual intimacy*. Symposium conducted at the meeting of the International Association for Relationship Research, Rethymnon, Crete.
- Theiss, J. A., & Solomon, D. H. (2006, July). *Relationship characteristics that shape and reflect communication about irritations: A longitudinal test of the relational turbulence model*. Paper presented at the meeting of the International Association for Relationship Research, Rethymnon, Crete.
- Theiss, J. A., & Solomon, D. H. (2006, June). *Coupling longitudinal data and hierarchical linear modeling to examine the antecedents and consequences of jealousy experiences in romantic relationships: A test of the relational turbulence model*. Paper presented at the meeting of the International Communication Association, Dresden, Germany.

****Top Paper for the ICA Interpersonal Communication Division***

- Theiss, J. A. (2005, November). *The effects of relational uncertainty and indirect communication on cognitive reactions to sexual intimacy*. Paper presented at the meeting of the National Communication Association, Boston, MA.
- Theiss, J. A., & Solomon, D. H. (2005, May). *A relational turbulence model of communication about irritations in romantic relationships*. Paper presented at the meeting of the International Communication Association, New York, NY.
- Theiss, J. A., & Solomon, D. H. (2004, November). *Recollections of first sexual experiences with partners: Enduring turning point or sentiment override?* Paper presented at the meeting of the National Communication Association, Chicago, IL.
- Theiss, J. A., & Solomon, D. H. (2004, July). *Reactions to sexual escalation in romantic associations: A longitudinal test of the turbulence model of relationship development*. Paper presented at the meeting of the International Association for Relationship Research, Madison, WI.
- Theiss, J. A., & Solomon, D. H. (2003, November). *Communication and the emotional, cognitive, and relational consequences of first sexual encounters in heterosexual dyads*. Paper presented at the meeting of the National Communication Association, Miami, FL.

****Top Four Paper for NCA Interpersonal Communication Division***

- Theiss, J. A.** (2003, June). Four theoretical approaches to understanding sexual intimacy as a relational phenomenon. In D. H. Solomon (Chair), *Juxtaposing theoretical perspectives on close relationship phenomena: Applications to sexual intimacy, power, and self-disclosure*. Poster session presented at the Compassionate Love Conference of the International Association for Relationship Research, Bloomington, IL.
- Englert, C. A., Frank, K., Greenberg, D. R., & **Theiss, J. A.** (2003, June). *Modern fairy tales in reality television: Fantasies of love and commitment in ABC's The Bachelor*. Roundtable session presented at the Compassionate Love Conference of the International Association for Relationship Research, Bloomington, IL.
- Theiss, J. A.,** & Solomon, D. H. (2003, May). Initial coitus as a negotiation of relationship borders: An exploration of the emotional, cognitive, and relational outcomes of the first sexual experience between partners. In K. S. Aune (Chair), *Communication in relationships on the borders*. Symposium conducted at the meeting of the International Communication Association, San Diego, California.
- Theiss, J. A.,** & Solomon, D. H. (2002, July). *The experience of first sexual intercourse in relationships*. Poster presented at the annual meeting of the International Association for Relationship Research, Halifax, Nova Scotia.

TEACHING

Awards for Teaching

- Faculty Excellence in Teaching and Mentoring Award*, School of Graduate Studies, Rutgers University (2024) – This award recognizes faculty who have made significant contributions to graduate education at Rutgers University.
- Outstanding Faculty Member Award*, School of Communication and Information, Rutgers University (2013, 2019, 2023) – Awarded by the doctoral students in Communication, Information, and Media to a faculty member who has been an outstanding mentor for graduate students.
- Faculty Appreciation Award*, Masters of Communication and Information Studies program, Rutgers University (2015) – Awarded by the masters students in the Communication and Information Studies program for an instructor who has made a significant impact on students' education.
- Teaching Excellence Award*, Department of Communication, School of Communication and Information, Rutgers University (2009) – This departmental award recognizes a faculty member for excellence in teaching.
- Teaching Fellow*, College of Letters and Science, University of Wisconsin - Madison (2003) – Teaching fellows were selected as the most outstanding graduate student teaching assistants or instructors across the university.
- Graduate Student Teaching Award*, Instructional and Developmental Communication Division, International Communication Association (2003) – This award recognizes outstanding teaching by a graduate student.

French Felton Award for Inspirational Teaching, University of Wisconsin - Madison (2001) – This award recognizes outstanding and inspirational teaching by first-year doctoral students at the university.

Graduate Advising and Committees

Primary Advisor

Yiting Liu (entered program 9/2025)

Research Interest: interpersonal communication, romantic relationships, social support, relational turbulence

Salvador Guzmán (entered program 9/2022)

Research Interest: interpersonal communication, relationships, families, race and ethnicity, relational turbulence

Jorlanditha Austin (defended 7/2025)

Dissertation: *Sources of relational turbulence and strategies for resilience in U.S. military couples*

First appointment: Assistant Professor, Morehouse College, Atlanta, GA

Hannah Jones (Defended 3/2024)

Dissertation: *Communal coping and relational turbulence between emerging adult children and their surviving parent after the experience of parent/partner death*

First appointment: Assistant Professor, University of Kentucky

Deborah Yoon (Defended 3/2022)

Dissertation: *Information management strategies that reduce uncertainty about identity and family health history for adult adopted children*

First appointment: Presidential Post-doctoral Fellow, University of Minnesota

John Leustek (degree awarded posthumously 10/2018)

Dissertation: *Coping with chronic uncertainty in parents of children with autism spectrum disorder: Perceived resolvability and emotional reactivity as predictors of uncertainty management strategies*

First appointment: Assistant Professor, The College of New Jersey, Ewing, NJ

Amanda Carpenter (Defended 9/2017)

Dissertation: *Information management as a behavior examined through the context of mental health.*

First appointment: Researcher, Fors Marsh Group, Arlington, VA

Marie Haverfield (Defended 2/2015)

Dissertation: *Features of parent-child interaction as predictors of emotional, cognitive, and behavioral markers of resilience in children of alcoholics.*

– Dissertation research supported by \$3,000 grant from the Family Process Institute

First appointment: Post-Doc, Center for Innovation to Implementation, affiliated with Stanford University and Veterans Administration of Menlo Park

Roi Estlein (Defended 11/2012)

Dissertation: *Manifestations of responsiveness and control in husbands' and wives' marital and parental communication.*

- Recipient of the Gerald R. Miller Outstanding Doctoral Dissertation Award from the National Communication Association.
- Recipient of the Top Dissertation Award from the Interpersonal Communication Division of the National Communication Association.
- Recipient of the Sandra Petronio Dissertation Excellence Award from the Family Communication Division of the National Communication Association.

First appointment: Research Fellow, IDC University, Herzliya, Israel; Post Doc, University of Haifa, Israel

Mary Nagy (King) (Defended 8/2011)

Dissertation: *Communicative and physiological markers of stress during the empty-nest phase of marriage: Applying the relational turbulence model.*

- Recipient of the Top Dissertation Award from the Interpersonal Communication Division of the International Communication Association.
- Recipient of the Sandra Petronio Dissertation Excellence Award from the Family Communication Division of the National Communication Association.

First appointment: Assistant Professor, Bloomsburg University, Bloomsburg, PA

Dissertation Committees

Haley Nolan Cody
Lauren Lee
Maria Ortiz-Myers
Cimmi Alvarez (defended 3/2025)
Soe Yoon Choi (defended 12/2017)
Rannie Teodoro (defended 5/2016)
Alyson Thelin (defended 2/2015)
Danielle Catona (defended 11/2014)
Teresa Keeler (defended 9/2014)
Shuktara Das (defended 1/2012)
Kate Magsamen-Conrad (defended 10/2011)
Maria Checton (defended 4/2010)
Jocelyn DeAngelis (defended 4/2010)
Zhanna Bagdosarov (defended 9/2009)

Qualifying Exams Committees

Salvador Guzmán (Chair – Fall, 2024)
Haley Nolan Cody (Spring, 2024)
Cimmi Alvarez (Spring, 2024)
Liesl Broadbridge (Fall, 2023)
Lauren Lee (Fall, 2023)
Jorlanditha Austin (Chair – Fall, 2022)
Maria Ortiz-Myers (Fall, 2021)
Hannah Jones (Chair – Fall, 2021)
Taylor White-Welchin (Fall, 2020)
William Bejarano (Fall, 2019)
Deborah Yoon (Chair – Fall, 2018)
John Leustek (Chair – Fall, 2015)
Kathryn Nogueira (Chair – Fall, 2014)
Marie Haverfield (Chair – Fall, 2013)
Katie Kang (Fall, 2013)
Amanda Carpenter (Fall, 2013)
Rannie Teodoro (Fall, 2013)
Danielle Catona (Fall, 2012)
Hyunsook Youn (Fall, 2011)
Soe Yoon Choi (Fall, 2011)
Roi Estlein (Chair – Fall, 2010)
Mary Nagy (Chair – Fall, 2009)
Maria Checton (Fall, 2008)
Kate Magsamen-Conrad (Fall, 2008)

Maria Venetis (Spring, 2007)
Zhanna Bagdosarov (Fall, 2006)
Lisa Chewning (Fall, 2006)
Carey Curry (Fall, 2006)

Doctoral Research Practicums Advised

Salvador Guzman (Fall, 2023) – *Understanding Communication and Relational Maintenance Behaviors Among Undocumented Mixed-Status Latina/o Couples*
Jorlanditha Austin (Fall, 2021) – *Resilience and Communication in Military Couples*
Hannah Jones (Fall, 2020) – *Relational Turbulence during the COVID-19 Pandemic*
Deborah Yoon (Fall, 2017) – *Infertility, Identity, and Turbulence in Romantic Relationships*
John Leustek (Spring, 2015) – *Relational Turbulence and Type II Diabetes*
Kathryn Nogueira (Fall, 2013) – *Irritating Partner Behavior during the Transition to Parenthood*
Marie Haverfield (Fall, 2012) – *Communication Patterns of Adult Children of Alcoholics*
Roi Estlein (Spring, 2010) – *Relationship Characteristics during Pregnancy*
Mary Nagy (Spring, 2008) – *Sexual Communication in Marriage*

MCIS Capstone Projects Advised

Deborah Yoon (2015) – *Adopted Children's Perceptions of Family Communication*
Yachao Li (2015) – *Applying the Relational Turbulence Model to Same Sex Relationships*
James Stein (2014) – *Social Network Uncertainty in Romantic Relationships*
Denise Leone (2013) – *Communication in Friends with Benefits Relationships*
John Leustek (2013) – *Family Communication and Adjustment Following Late-Life Divorce*
Mark Brehaut (2011) – *Communication and Romantic Jealousy*

External Examiner for International Masters Thesis

Tessa Cosman (2024) – Acadia University, Wolfville, Nova Scotia, CANADA
Intolerance of Uncertainty as a Moderator of the Association between Threatening Relationship Uncertainty and Maladaptive Relationship Outcomes

Instructional Development

Communication & Relationships (Comm 201) Course Coordinator

- Supervise and train part-time lecturers (typically Ph.D. students) to teach sections of the undergraduate core course, Communication and Relationships. Provide template syllabus, assignment guidelines and rubrics, classroom activities, and pedagogical mentoring for 5-7 instructors per semester.

Methods Workshops

- *Multi-Level Modeling in HLM* – a workshop on the use of HLM software to analyze data with a nested design, such as individuals nested in dyads, students nested in classrooms, repeated measures nested in individuals, etc. (Rutgers University)
- *Structural Equation Modeling in AMOS* – a three-part summer workshop on the use of AMOS modeling software for confirmatory factor analysis, structural equation modeling, actor-partner interdependence models, lagged analyses, and mixed models SEM. (Rutgers University)
- *Approaches to Dyadic Analysis* – a workshop on conceptual, operational, and analytical issues in dyadic research designs; demonstrated HLM as a method for accommodating non-independence and actor-partner interdependence models (APIM) in both HLM and AMOS as a way of capitalizing on dyadic designs. (Rutgers University)
- *Confirmatory Factor Analysis and Structural Equation Modeling* – an afternoon workshop on using AMOS statistical modeling software to conduct CFA and SEM analysis. (Rutgers University)

Byrne Seminars for First-year Students

- *Communication Dynamics of the Modern Family* (Fall, 2010; Fall, 2011)
Co-taught with Dr. Vikki Katz
- *Interpersonal Relationships in Online and Offline Settings* (Spring, 2011)
Co-taught with Dr. Jennifer Gibbs

Short Course, National Communication Association

- *Teaching Interpersonal Communication by Centering Self with Others*
Short course offered at NCA in National Harbor, MD (2023)
Co-presented with Denise Solomon, Kellie Brisini, Amanda Goodwin, Hannah Jones, Jorlanditha Austin, and Kamran Afary

Courses Taught

Course Number & Title	Average Enrollment	Teaching Effectiveness Average Score	Course Quality Average Score
GRADUATE COURSES			
CIM 601: Communication, Information, & Media Proseminar (Rutgers, PhD program)	12-15	4.86/5.00	4.72/5.00
CIM 620 : Interpersonal Communication Theory (Rutgers, PhD program)	8-12	4.71/5.00	4.54/5.00
CIM 672: Uncertainty and Communication (Rutgers, PhD program)	8	4.83/5.00	4.81/5.00
CIM 672: Relational and Family Communication (Rutgers, PhD program)	10	4.70/5.00	4.60/5.00
CIM 672: Relationships, Health and Wellness (Rutgers, PhD program)	8	5.00/5.00	5.00/5.00
CA 967: Developing a Philosophy of Teaching (UW-Madison)	10	n/a	n/a
UNDERGRADUATE COURSES			
Comm 200: Communication Theory (Rutgers)	200	4.49/5.500	4.34/5.00
COM 355: Interpersonal Communication Theory (Rutgers)	95	4.74/5.00	4.59/5.00
COM 403: Conflict Negotiation and Resolution (Rutgers)	35	4.75/5.00	4.65/5.00
COM 404: Communicating about Relationship Challenges (Rutgers)	35	4.62/5.00	4.53/5.00
COM 403: (topics) Sexual Communication	35	4.71/5.00	4.63/5.00

CAS 202: Communication Theory (Penn State)	250	n/a	n/a
CAS 100B: Communicating in Groups (Penn State)	25	n/a	n/a
CAS 100A: Intro to Effective Public Speaking (Penn State)	25	n/a	n/a
CA 272: Interpersonal Communication (UW-Madison)	30	n/a	n/a
CA 475 : Nonverbal Communication (UW-Madison)	30	n/a	n/a

Guided Independent Studies and Research Teams

Graduate Research Team, *Coding Conflict Interactions between Empty Nest Couples* (Spring, 2025)
Rachel Brill, Salvador Guzman, Alessia Jakoel, Haley Nolan Cody

Undergraduate Research Team, *Family Communication during Grief and Bereavement* (Spring, 2023)
Ioanna Rigos, Tomas Russo, Adeel Yaqoob

Undergraduate Independent Study, *Patient-Provider Communication in Primary Care Visits* (Fall, 2022)
Ioanna Rigos, Tomas Russo, Adeel Yaqoob

Undergraduate Independent Study, *Topic Avoidance and Social Support for Individuals with Type 2 Diabetes* (Spring, 2016)
Lorena Cunningham, Breanne Springstead

Undergraduate Independent Study, *Interpersonal and Family Communication Research* (Fall, 2015)
Phylcia Harvey, Jen Park, Victoria Tripsas

MCIS Research Practicum, *Parent-Child Communication in Families of Alcoholics* (Fall, 2014)
Yachao Li, Deborah Yoon

Undergraduate Independent Study, *Parent-Child Communication in Families of Alcoholics* (Fall, 2014)
Danielle Amato, Madeline Herring, Shuangshua Hu, Silas Kim, Roxanna Menhaji, Abigail Stanton-Schmidt

MCIS Research Practicum, *Themes of Family Uncertainty & Interdependence* (Summer/Fall, 2013)
James Stein

Undergraduate Independent Study, *Communication in Sexual Relationships* (Spring, 2013)
Lauren Calandriello, Kayla Psztur, Jaime Spokony

MCIS Research Practicum, *Influence of Relationship Partners on Personal Health* (Fall, 2012)
Denise Leone

Doctoral Independent Study, *Conflict Negotiation and Resolution* (Spring, 2012)
Marie Haverfield

MCIS Research Practicum, *Interference and Support in Close Relationships* (Spring, 2012)
John Leustek

Undergraduate Independent Study, *Interpersonal Communication & Relationships* (Spring, 2012)
Turquoise Bowen, Cara Brokaw, Rajvinder Kaur, Ariana Kwon, Corrine Pusillo, Charles Tong, Suzanne Yavuz

Undergraduate Independent Study, *Family Communication Dynamics* (Fall, 2011)
Amala Narayan

Byrne Seminar Summer Research Fellow, *Family Communication Dynamics* (Summer, 2011)
Monica DeStefano

Doctoral Independent Study, *Interpersonal Negotiation and Influence* (Spring, 2011)
Teresa Keeler

Undergraduate Independent Study, *Communication and Relationship Transitions* (Spring, 2011)
Mara Agrait, Caitlin Flynn, Kara Jordhoy, Jenna Radigan, Katarzyna Sudol, Briana Suffy

Undergraduate Independent Study, *Communication Dynamics of Empty Nest Couples* (Fall, 2010)
Mara Agrait, Caitlin Flynn, Kara Jordhoy, Theresa McGinnis, Nicole Porter, Katarzyna Sudol, Briana Suffy

MCIS Independent Study, *Communication Dynamics of Empty Nest Couples* (Fall, 2010)
Daulat Lakhani

Undergraduate Independent Study, *Research on the Transition to Parenthood* (Fall, 2009)
Puja Singh

Doctoral Independent Study, *Relational Communication during the Transition to Parenthood* (Spring, 2009)
Mary Nagy, Roi Estlein

Senior Honors Thesis, *Interpersonal Communication and Romantic Relationships* (2008-2009)
Anna Pennisi

Undergraduate Independent Study, *Research on Interpersonal Communication* (Fall, 2008)
Audra Slobodin

Undergraduate Independent Study, *Research on Sexual Communication* (Summer, 2008)
Deonna Baquero, Ashley Best, Talene Boodaghians, Gueldine Joseph, Tiffini Muscat, Julie Peterson

Doctoral Independent Study, *The Dark Side of Close Relationships* (Spring, 2008)

Maria Checton, Kate Magsamen-Conrad

Undergraduate Independent Study, *Research on Sexual Communication* (Spring, 2008)
Andrea Bachynski, Kerrin O'Connell, Melissa Olephant, Stephanie Periera, Erin Tinkel, Mallory Tucker,
Ashley Woodfolk

Doctoral Research Team, *Research on Sexual Communication* (Fall, 2007)
Josh Gelles, Beth Goldberg, Chi-Hui Lai, Leon Laurel, Mary Nagy

MCIS Independent Study, *Research on Sexual Communication* (Summer, 2007)
Tina Gera

Undergraduate Independent Study, *Research on Romantic Relationships* (Spring, 2007)
Andrea Lepera, Ashley Lund-Pearson, Catherine Pierce, Samantha Yakal-Kremski, Kyle Zupancic

SERVICE

Awards for Service

Faculty Service Award, Department of Communication, School of Communication and Information, Rutgers University (2013, 2014) – This departmental award recognizes a faculty member for significant service contributions to the department and the school.

Service to the Discipline

Leadership Roles

Faculty Mentor, *New Scholars Workshop*, International Association for Relationship Research (2023)

Faculty Mentor, *Graduate Student & New Professional Mentoring Program*, Family Communication Division, National Communication Association (2023)

Chair, *Publications Committee*, International Association for Relationship Research (2018-2020)

Advisory Board, Family Communication and Relationships Lab, Utah State University (2017)

Immediate Past Chair, Interpersonal Communication Division, National Communication Association (2017)

Chair, Interpersonal Communication Division, National Communication Association (2016)

Vice Chair, Interpersonal Communication Division, National Communication Association (2015)

Conference Organizer, *Relationships, Health, and Wellness Mini-Conference*, International Association of Relationship Research (2013-2015)

Chair, *Knower Article Award Selection Committee*, Interpersonal Communication Division, National Communication Association (2014)

Chair, *G. R. Miller Book Award Selection Committee*, Interpersonal Communication Division, National Communication Association (2014)

Vice Chair Elect, Interpersonal Communication Division, National Communication Association (2014)

Program Planner, *New Scholars Workshop*, International Association for Relationship Research (2013)

Chair, *Mentoring Committee*, International Association for Relationship Research (2012-2013)

Chair, *Nominating Committee*, Interpersonal Communication Division, National Communication Association (2009)

Secretary, Interpersonal Communication Division, National Communication Association (2008)

Committees and Other Service

Early Career Award Selection Committee, Family Communication Division, National Communication Association (2025)

Awards Nominating Committee, Interpersonal Communication Division, National Communication Association (2024)

Kathleen M. Galvin Teaching and Mentoring Award Committee, Family Communication Division, National Communication Association (2023)

Top Papers Selection Committee, Interpersonal Communication Division, International Communication Association (2023)

Publications Committee, International Association for Relationship Research (2020-2022)

Elections Committee, International Association for Relationship Research (2016-2018, 2020-2024)

Gerald R. Miller Book Award Selection Committee, Interpersonal Communication Association, National Communication Association (2019)

At-Large Member, Committee on Committees, National Communication Association (2016-2018)

Sandra Petronio Dissertation Excellence Award Selection Committee, Family Communication Division, National Communication Association (2017)

Dissertation Award Selection Committee, Interpersonal Communication Division, International Communication Association (2016)

Early Career Award Selection Committee, Interpersonal Communication Division, National Communication Association (2015)

Legislative Assembly Representative, Interpersonal Communication Division, National Communication Association (2012)

Future Conferences Committee, International Association for Relationship Research (2007 - 2011)

Conference Submission Reviewer, International Association for Relationship Research (2007)

Conference Submission Reviewer, International Communication Association (Fall 2003)

Reviewing and Editorial Work

Associate Editor, *Journal of Social and Personal Relationships* (2015-2019)

Editorial Board, *Communication Studies* (2013-2015, 2024-present)

Editorial Board, *Personal Relationships* (2019-present)

Editorial Board, *Communication Research* (2016-present)

Editorial Board, *Journal of Family Communication* (2014-2017; 2023-present)

Editorial Board, *Journal of Social and Personal Relationships* (2010, 2019-2024)

Editorial Board, *Communication Reports* (2015, 2020-2022)

Editorial Board, *Communication Quarterly* (2014-2020)

Editorial Board, *Western Journal of Communication* (2012, 2014-2015)

Editorial Board, *Journal of Family Communication*, Special issue on families and culture (2010)

Editorial Assistant, *Human Communication Research* (2003-2006)

Ad Hoc Reviewer

Communication Methods and Measures

Communication Monographs

Communication Quarterly

Communication Reports

Communication Research

Communication Studies

Human Communication Research

Journal of Communication

Journal of Family Communication

*Journal of International and Intercultural
Communication*

Journal of Language and Social Psychology

Journal of Personality and Social Psychology

Journal of Reproductive and Infant Psychology

Journal of Social and Personal Relationships

Personal Relationships

PsyCH Journal

Western Journal of Communication

External Reviews for Tenure and Promotion Cases

Promotions to Professor:

Fairfield University, College of Arts and Sciences

Oregon State University, School of Communication

Pennsylvania State University, Department of Communication Arts and Science

University of California – Santa Barbara, Department of Communication

University of Connecticut, Department of Communication

University of Illinois, Department of Human Development and Family Studies

University of Missouri, Department of Communication

University of Minnesota, Department of Communication Studies

University of Texas at Austin, Department of Communication Studies

University of Wisconsin – Milwaukee, Department of Communication

Tenure and Promotion to Associate Professor:

Arizona State University, Hugh Downs School of Human Communication

Iowa State University, Department of English

Louisiana State University, Department of Communication Studies

Texas State University, Department of Communication Studies

Texas Tech University, Department of Communication Studies

University of Arkansas, Department of Communication

University of Delaware, Department of Communication

University of Illinois, Department of Communication

University of Iowa, Department of Communication Studies

University of Tennessee, School of Communication Studies

Service to the University

Leadership and Advisory Roles

Academic Master Plan Steering Committee, Rutgers University (2021-2022)

Served on the steering committee to develop the university's academic master plan, involving data collection and focus groups to identify priorities for the university, collaborating on a draft of the academic master plan, and developing channels for communicating and promoting the plan.

Executive Council, School of Graduate Studies (2018-2022)

Advised the Dean of the School of Graduate Studies on academic policies and other matters concerning graduate education.

Strategic Planning Subcommittee, School of Graduate Studies (2020-2021)

Contributed to the strategic plan for the School of Graduate Studies reporting on initiatives to increase visibility of the school, its students, faculty, and alumni, and program development.

Mentor, Rutgers Connection Network (RCN Mentoring Program), Rutgers University (2020-2021)

Served as a senior mentor for an associate professor seeking promotion to full professor, involving monthly mentoring meetings and workshops with RCN program.

Academic Standing Committee, School of Arts and Sciences, Rutgers University (2007-2015)

Reviewed appeals from undergraduate students facing academic dismissal from the university.

New Brunswick Faculty Council, Rutgers University (2010-2013)

Representative for the Department of Communication on the university faculty council.

Other University Service

Public Presentation of Research Skills Workshop, School of Graduate Studies (2017, 2018)

Gave workshops for graduate students in New Brunswick and Newark on effective public speaking skills for presenting research to lay audiences in preparation for the 3-Minute Thesis Competition.

Bead the Cure, Faculty Advisor, Rutgers University (2007-2010)

Advised an undergraduate organization that makes and sells beaded jewelry with proceeds benefitting breast cancer awareness and research.

Rutgers Day, Featured Lecture, SC&I, Rutgers University (2009)

Gave a lecture entitled, *Love on the Rocks: Conflict and Romance*, that was open to the public.

Rutgers Recreation Program, Instructor, Rutgers University (2009)

Gave a workshop for undergraduates entitled, *Dating and Desserts*, in which students learned how to bake desserts and got answers to questions about love and romance.

Teaching Assistant Instructional Development Planning Committee (Fall 2003 – Spring 2004)

Committee was responsible for selection of teaching fellows to facilitate summer training for new teaching assistants in the College of Letters and Science at the University of Wisconsin.

Teaching Fellow, College of Letters and Science, University of Wisconsin - Madison (2003)

One of 15 graduate student teaching assistants selected to organize and lead the summer training of new teaching assistants for the College of Letters and Science. Facilitated a question and answer period for new teaching assistants and planned a workshop on adapting teaching strategies to the learning styles of students.

Service to the School & Department

Leadership and Advisory Roles

Course Coordinator for Comm 201 (Communication and Relationships), Department of Communication, Rutgers University (2012-present)

Coordinated team of part time lecturers who teach individual sections of Comm 201 to ensure consistency in course content, structure, and assessment across sections. Provided training and resources for course development.

Director, PhD Program, School of Communication and Information, Rutgers University (2017-2023)

Elected to two 3-year terms as director of the interdisciplinary PhD program in the School of Communication and Information. Oversee admissions, curriculum, course scheduling, new student orientation, first-year pro-seminar, weekly colloquium, annual honors and awards, and matriculation of more than 100 doctoral students.

Chair, *Mentoring Committee*, Department of Communication, Rutgers University (2022-present)

Chair, *Research Development Committee*, School of Communication and Information, Rutgers University (2013-2017)

Committee oversaw distribution of research development funding through research development grants for untenured faculty and grants to attend methods training for doctoral students.

PhD Area Coordinator, Department of Communication, Rutgers University (2012-2015)

Represented faculty and students in the communication area of the interdisciplinary PhD program. Oversaw area admissions, conducted annual reviews for area doctoral students, facilitated curriculum revisions for the communication area.

Chair, *Interpersonal Communication Search Committee*, Department of Communication, Rutgers University (2013-2014)

Invitational Masters Student Institute (IMSI) Planning Committee (2007-2010)

Planned an invitational academic institute for masters students from other universities to be held on the Rutgers campus.

Committees and Other Service

Strategic Planning Committee, Department of Communication, Rutgers University (2023)

Disparities & Inequities Search Committee, Department of Communication, Rutgers University (2021)

Curriculum Committee, Department of Communication, Rutgers University (2018-2020)

Research Committee, Department of Communication, Rutgers University (2010-2012)

Multi-Level Modeling Workshop, SC&I Graduate Program, Rutgers University (Spring, 2010)

Gave a workshop for graduate students to learn about appropriate statistical methods for analyzing nested data.

Structural Equation Modeling Workshop, SC&I Graduate Program, Rutgers University (Summer, 2009) Provided a three-part workshop for graduate students to learn about confirmatory factor analysis, structural equation modeling, and advanced structural models using AMOS software.

Research Committee, School of Communication and Information, Rutgers University (2009-2010)

SC&I Affiliate to the School of Arts and Sciences, Rutgers University (2007-2010)
Represented SC&I as an affiliate member of the faculty of SAS.

Rules of Procedure/Elections & Nominations Committee, SC&I, Rutgers University (2007-2013)
Facilitated, certified, and announced elections for elected positions within SC&I.

Invitational Masters Student Institute (IMSI) Facilitator (2007-2010)
Facilitated methods workshops, paper development sessions, and future trends discussions for masters students at the institute.

Curriculum Committee, Department of Communication, Rutgers University (Fall 2007)
Responsible for decisions regarding undergraduate curriculum.

Chair, *Informal Interaction Committee* (Spring, 2007)
Planned a four-part symposium series for graduate students and faculty in the Department of Communication at Rutgers University.

Communication Science Graduate Student Colloquium, University of Wisconsin – Madison (2004)
Organized colloquium meetings on special topics pertinent to graduate students in communication science, such as teaching effectiveness, library resources for scientific research, and workshops on statistical software applications and procedures.

Professional Affiliations

International Communication Association (ICA)

International Association of Relationship Research (IARR)

National Communication Association (NCA)

National Council on Family Relations (NCFR)