

# Personal Care Attendant (AM)

## **Qualifications:**

- Female.
- Non-smoker.
- English speaking.
- Green card if not a US citizen.
- Have reliable transportation (own vehicle and driver's license).
- References and background check required.
- Experience preferred but not required.

## **Work required:** 8:00AM-2:00PM Days: Saturday & Sunday only

- Awaken Employer.
- Provide morning medications.
- Remove hand splint.
- Inspect skin.
- Stretch joints (ROM exercise).
- Apply compression hose, leg splints, and shoes.
- Insert catheter to drain bladder (clean technique).
- Change incontinence pad.
- Transfer from bed to wheelchair using ceiling track lift.
- Transfer to/from toilet using ceiling track lift.
- Remove nightgown and apply clothing.
- Perform oral care at sink.
- Wash face, comb hair.
- Apply hearing aids and glasses.
- Prepare breakfast and feed.
- Provide breakfast-time medications.
- Position in chair for comfort. Operate wheelchair controls for Employer.
- Adjust position periodically.
- Insert catheter to drain bladder (clean technique), change incontinence pad if needed.
- Transfer from wheelchair to easy chair with ceiling track lift. Position.
- Prepare lunch and feed.
- Wash dishes and clean up kitchen.
- Charge ceiling track lift between uses.
- Assist as needed with mail, TV use, and telephone use.